

## General Education

### Course Reflection on Assessment Results

Submit completed form to [Outcomes@montgomerycollege.edu](mailto:Outcomes@montgomerycollege.edu)

Course: HLTH 150

Dean: Angie Pickwick

Distribution Area: Health Foundation (BSSD)

Date: 10/18/2016

#### **PART I. UPDATE FROM PREVIOUS ASSESSMENT**

<b>Competency</b>	<b>Planned Actions from Previous General Education Assessment</b>	<b>Update on Planned Actions</b> <i>(Please provide information on the implementation of the planned actions. If not implemented, please also discuss.)</i>
<b>Critical Analysis and Reason</b>	<b>Develop assignments in the course to utilize current and valid research to bring awareness of health and fitness</b>	<b>Utilize the most current information from sources such as the Center for Disease Control (CDC) incorporated in the lectures to analyze and evaluate current health and fitness information</b>
<b>Written and Oral Communication</b>	<b>Add in a college-wide assignment to improve and reach the benchmark with a specific focus on academic integrity to improve from 67%</b>	<b>Taking an online library academic tutorial for the students improved their written communication</b>
<b>Technology and Oral Communication</b>	<b>Developing more hands on activities with technology</b>	<b>Working with updated technology that track health and fitness.</b>
<b>Personal, Social, and Civic Awareness</b>	<b>Add a community service component to current assessment such as a grocery store shopping assignment, community fitness, club evaluation, or volunteer with community organization.</b>	<b>The incorporation of these assignments brought an increased connection between behavior and consequences.</b>

**PART II. CURRENT ASSESSMENT: REVIEW OF STRENGTHS, WEAKNESSES, AND PLANNED ACTIONS**

COMPETENCY	STRENGTHS AND WEAKNESSES	PLANNED ACTIONS	CONTACT PERSON
<b>General Education Competency</b> <i>(Please list and discuss each competency assessed individually.)</i>	Based on the assessment findings, discuss any strengths and weakness related to student learning, pedagogies, curriculum design, etc.	What common course action (s) will be taken to improve student success in competency?	Contact person for Planned Actions
<b>Critical Analysis and Reason</b>	Overall student’s ratings were high with an average of 88% in this category keeping students in the proficient or advanced in each competency or trait. Identification and explanation did stay at the same percentage while all other subcategories increased in rating of proficient and advanced of 7-8%.	The assignments will continue to be rooted in the foundations of the course of evaluating personal, social, and community health.	Kim Yost
<b>Written and Oral Communication</b>	Overall ratings went from a 79% to an 82% rating still in advance or proficient. Students rating increased from 67% to 85% in the academic tutorial subcategory identified as the weakest.	Continue to utilize the library tutorials to promote increase knowledge of written communication. The tutorial used for this course has dramatically improved students communication.	Kim Yost
<b>Technology and Oral Communication</b>	This overall was rated the weakest area of evaluation for students with a decrease in competence by 13%. However we still met and exceeded the benchmark by 4% showing an understanding in this area leaving room to improve.	Utilizing blackboard and modern technology such as apps and online tracking of Food Intake and Physical activity. Health behaviors such as tracking sleep and hydration can also increase awareness.	Kim Yost

<b>Personal, Social, and Civic Awareness</b>	<b>Students overall ratings in this area leaped into 90%'s with the high improved from 69% in connection between individuals and community to 90%. The addition of community service component to assignments really boasted awareness and proficiency.</b>	<b>Continuing to have students build community with what is available to them in relation to health and fitness. (Farmer's markets, gym visitations, and comparing grocery store information and products.</b>	<b>Kim Yost</b>
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**ADDITIONAL COMMENTS**

**The students have shown improvements in connecting individual to community health components. The next focus will be on technology competency. Due to the large range of categories there can be misinterpretation of ratings.**

**LIST OF FACULTY PARTICIPATING IN DISCUSSION**

**Karen Thomas, Keith McKelphin, Beth Ridings, Odella Dianne Hagan, Kimberly Yost**

**Dean Approval**

**Submission Date**

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