

Learn to study &
IMPROVE
YOUR GRADES!

Brain Training

Fall 2024 Schedule

Tools of the Brain

The human brain is a powerful thing- learn how your brain works to take full advantage of it.

September 17, 5-6 pm
Ackerman STEM Learning Center SW 103
-Or-
September 18, 7-8 pm
online via Zoom

November 5, 5-6 pm
Ackerman STEM Learning Center SW 103
-Or-
November 6, 7-8 pm
online via Zoom

Effective Studying

There's a lot more to studying than reading your notes. Learn how to study effectively so the knowledge is there when you need it.

September 24, 5-6 pm
Ackerman STEM Learning Center SW 103
-Or-
September 25, 7-8 pm
online via Zoom

November 12, 5-6 pm
Ackerman STEM Learning Center SW 103
-Or-
November 13, 7-8 pm
online via Zoom

Beat Procrastination

We all suffer from procrastination- learn time management skills to get your work done and maximize free time. Don't wait until later!

October 8, 5-6 pm
Ackerman STEM Learning Center SW 103
-Or-
October 9, 7-8 pm
online via Zoom

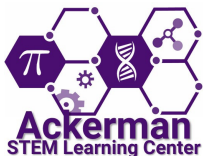
November 19, 5-6 pm
Ackerman STEM Learning Center SW 103
-Or-
November 20, 7-8 pm
online via Zoom

Conquer Exams

Not a good test-taker? You don't have to be. Learn how your brain responds to stress so you can perform under pressure.

October 15, 5-6 pm
Ackerman STEM Learning Center SW 103
-Or-
October 16, 7-8 pm
online via Zoom

December 3, 5-6 pm
Ackerman STEM Learning Center SW 103
-Or-
December 4, 7-8 pm
online via Zoom



Register now for Zoom links, updates, and reminders →

